

Physician: **Dr. Jack Pasula**  
 Patient: **Sample Patient**  
 Identifier: **SAMPLE**  
 Profile: **MRT 170**  
 Test Date: **04/03/2018**  
 Technologist: **JW**  
 Page: **1 of 2**



Oxford Clinical Laboratory  
 3555 Fiscal Court, Suite #9  
 Riviera Beach, FL 33404  
 Phone: (561) 848-7111  
 FL License #: 800027063  
 CLIA ID #: 10D0914874  
 U.S. Patents: 6,114,174 6,200,815

**Test Reaction Levels**

Non-Reactive █ Moderately Reactive █ Reactive █

Chemicals	Reaction Level
Phenylethylamine	Non-Reactive
Potassium nitrate	Non-Reactive
Lecithin (soy)	Non-Reactive
Caffeine	Non-Reactive
Sorbic acid	Non-Reactive
FD&C red #4	Non-Reactive
FD&C red #3	Non-Reactive
MSG	Non-Reactive
Capsaicin	Non-Reactive
Sodium metabisulfite	Non-Reactive
Solanine	Non-Reactive
Ibuprophen	Non-Reactive
Polysorbate 80	Non-Reactive
Sodium sulfite	Non-Reactive
Tyramine	Non-Reactive
Acetaminophen	Non-Reactive
FD&C green #3	Non-Reactive
Fructose (HFCS)	Non-Reactive
FD&C yellow #6	Non-Reactive
FD&C yellow #5	Non-Reactive
Aspartame	Non-Reactive
Candida albicans	Non-Reactive
Benzoic acid	Non-Reactive
Saccharin	Non-Reactive
Potassium nitrite	Non-Reactive
FD&C red #40	Non-Reactive
Salicylic acid	Non-Reactive
FD&C blue #1	Moderately Reactive
FD&C blue #2	Moderately Reactive

Seafood	Reaction Level
Scallop	Non-Reactive
Sole	Non-Reactive
Tuna	Non-Reactive
Shrimp	Non-Reactive
Salmon	Non-Reactive
Halibut	Non-Reactive
Rainbow trout	Non-Reactive
Tilapia	Non-Reactive
Clam	Non-Reactive
Crab	Non-Reactive
Codfish	Moderately Reactive
Catfish	Reactive

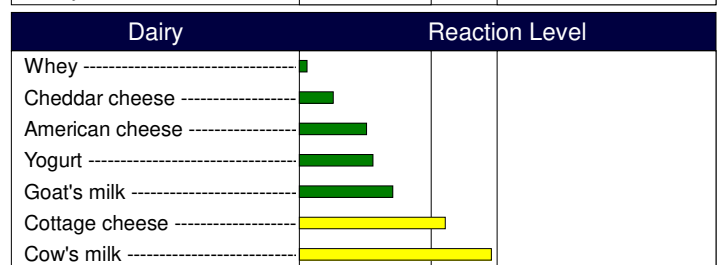
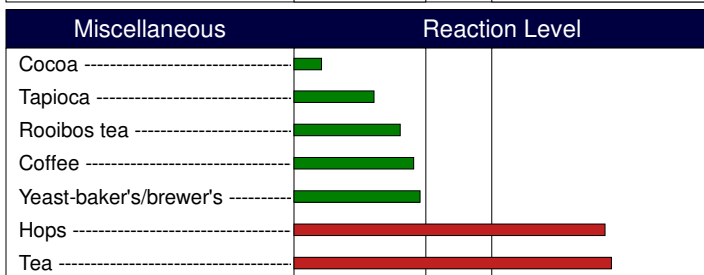
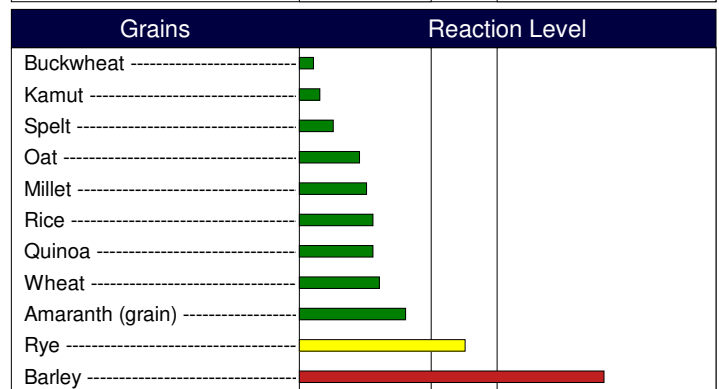
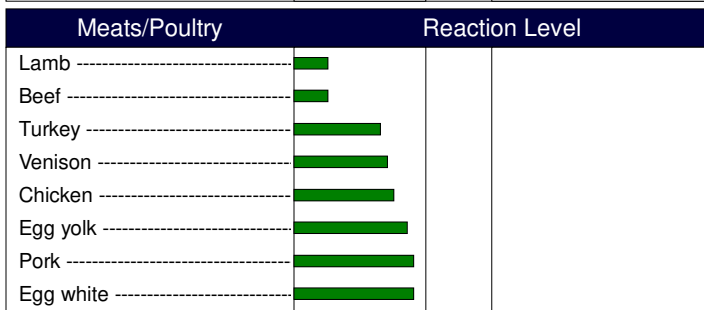
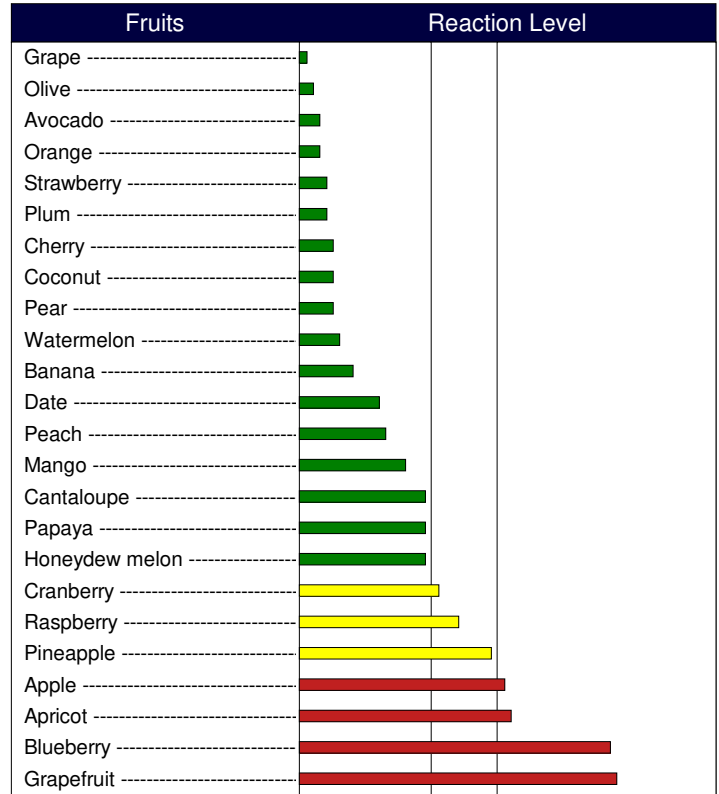
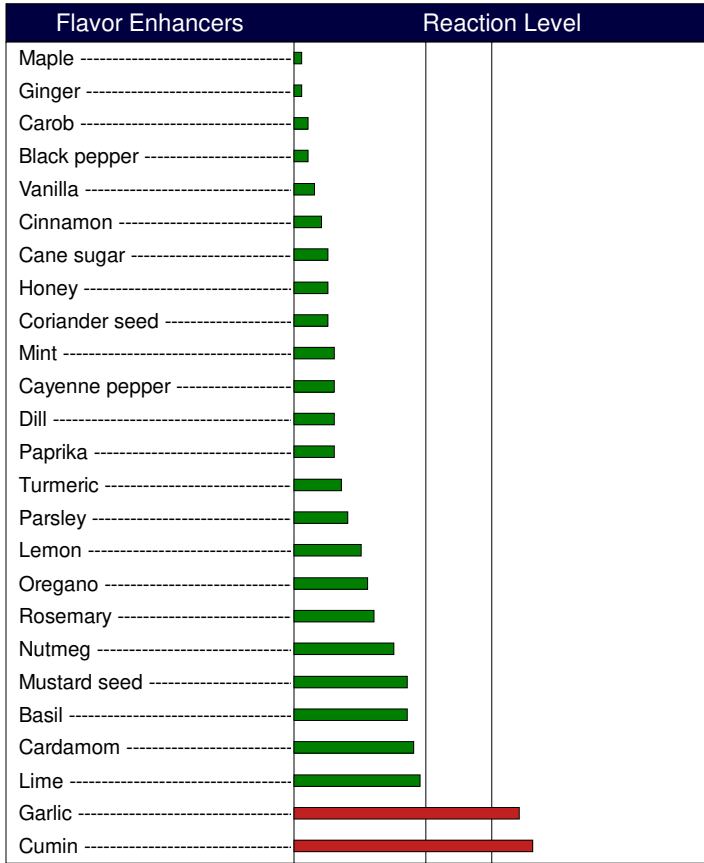
Vegetables	Reaction Level
Green bean	Non-Reactive
Sweet potato	Non-Reactive
Leek	Non-Reactive
Cabbage	Non-Reactive
Chard	Non-Reactive
Lettuce	Non-Reactive
Cucumber	Non-Reactive
Broccoli	Non-Reactive
Beet	Non-Reactive
Scallions	Non-Reactive
Zucchini	Non-Reactive
Onion	Non-Reactive
Corn	Non-Reactive
Cauliflower	Non-Reactive
Asparagus	Non-Reactive
Pumpkin	Non-Reactive
Brussels sprouts	Non-Reactive
Green pea	Non-Reactive
Bok choy	Non-Reactive
Butternut squash	Non-Reactive
Celery	Non-Reactive
Carrot	Non-Reactive
Kale	Non-Reactive
Tomato	Non-Reactive
Green pepper	Non-Reactive
Eggplant	Moderately Reactive
White potato	Reactive
Spinach	Reactive
Mushroom	Reactive

Beans/Nuts/Legumes	Reaction Level
Lentil	Non-Reactive
Almond	Non-Reactive
Sunflower seed	Non-Reactive
Navy bean	Non-Reactive
Pecan	Non-Reactive
Hazelnut	Non-Reactive
Soybean	Non-Reactive
Mung bean	Non-Reactive
Pistachio	Non-Reactive
Sesame	Non-Reactive
Red kidney bean	Non-Reactive
Walnut	Non-Reactive
Garbanzo bean	Non-Reactive
Cashew	Non-Reactive
Pinto bean	Moderately Reactive
Flaxseed	Moderately Reactive
Lima bean	Moderately Reactive
Peanut	Moderately Reactive

Physician: **Dr. Jack Pasula**  
 Patient: **Sample Patient**  
 Identifier: **SAMPLE**  
 Profile: **MRT 170**  
 Test Date: **04/03/2018**  
 Technologist: **JW**  
 Page: **2 of 2**



Oxford Clinical Laboratory  
 3555 Fiscal Court, Suite #9  
 Riviera Beach, FL 33404  
 Phone: (561) 848-7111  
 FL License #: 800027063  
 CLIA ID #: 10D0914874  
 U.S. Patents: 6,114,174 6,200,815



Degrees of reactivity may not in all cases correlate with levels of clinical reactivity to the tested food or chemical. It is recommended to completely avoid all tested items with "Reactive", or "Moderately Reactive" scores. If tested "Non-Reactive" foods have been consumed regularly before testing, there is a high probability that they are "safe" and are not likely to provoke symptoms, as long as there is no history of allergic, autoimmune, or other type of inflammation-provoking or symptom-provoking reaction. These test results can form the basis of an eating plan developed under the guidance of a physician, dietitian, or other qualified healthcare practitioner.



## LEAP ImmunoCalm Diet Program - Food Reintroduction Schedule

Patient name:

Sample Patient

Physician:

Dr. Jack Pasula

Identifier:

SAMPLE

Test date:

04/03/2018

### Phase 1

DAYS 1 - 7

### Phase 2

DAYS 8 - 12

### Phase 3

DAYS 13 - 17

### Phase 4

DAYS 18 - 22

### Phase 5

DAYS 23 - 27

## Proteins



Lentil	Tuna	Salmon	Mung bean	Egg white
Scallop	Navy bean	Halibut	Clam	Garbanzo bean
Sole	Shrimp	Chicken	Egg yolk	Pork
Beef	Turkey	Rainbow trout	Red kidney bean	Crab
Lamb	Venison	Soybean	Tilapia	

## Starches / Grains



Sweet potato	Spelt	Millet	Tapioca	
Buckwheat	Oat	Quinoa	Wheat	
Kamut	Corn	Rice	Amaranth (grain)	

## Vegetables



Green bean	Cucumber	Asparagus	Green pea	Tomato
Cabbage	Zucchini	Cauliflower	Butternut squash	Green pepper
Chard	Beet	Brussels sprouts	Celery	
Lettuce	Onion	Pumpkin	Carrot	
Broccoli	Corn	Bok choy	Kale	

## Fruits



Grape	Plum	Watermelon	Mango	
Avocado	Strawberry	Banana	Papaya	
Orange	Cherry	Date	Cantaloupe	
Olive	Pear	Peach	Honeydew melon	

## Dairy / Miscellaneous



Whey	Cheddar cheese	Yogurt	Rooibos tea	
Cocoa	American cheese	Goat's milk	Coffee	

## Nuts / Seeds / Oils



Almond	Hazelnut	Pistachio	Cashew	
Sunflower seed	Pecan	Walnut	Sesame	
Olive	Corn	Soybean		

## Flavor Enhancers



Maple	Cinnamon	Dill	Lemon	Mustard seed
Ginger	Coconut	Scallions	Oregano	Cardamom
Leek	Honey	Paprika	Rosemary	Lime
Black pepper	Coriander seed	Cayenne pepper	Nutmeg	
Carob	Cane sugar	Turmeric	Basil	
Vanilla	Mint	Parsley	Sesame	



## LEAP ImmunoCalm Diet Program, Phase 6 - 3 Day Rotation Diet

*Patient name:*

**Sample Patient**

*Physician:*

**Dr. Jack Pasula**

*Identifier:*

**SAMPLE**

*Test date:*

**04/03/2018**

**Day 1**

**Day 2**

**Day 3**

### Proteins



Garbanzo bean  
Halibut  
Lentil  
Mung bean  
Navy bean  
Red kidney bean  
Soybean  
Turkey

Chicken  
Egg white  
Egg yolk  
Rainbow trout  
Salmon  
Sole  
Tilapia  
Venison

Beef  
Clam  
Crab  
Lamb  
Pork  
Scallop  
Shrimp  
Tuna

### Starches / Grains



Kamut  
Quinoa  
Spelt  
Wheat

Amaranth (grain)  
Corn  
Millet  
Rice

Buckwheat  
Oat  
Sweet potato  
Tapioca

### Vegetables



Beet  
Carrot  
Celery  
Chard  
Green bean  
Green pea  
Green pepper  
Tomato

Bok choy  
Broccoli  
Brussels sprouts  
Cabbage  
Cauliflower  
Corn  
Kale

Asparagus  
Butternut squash  
Cucumber  
Lettuce  
Onion  
Pumpkin  
Zucchini

### Fruits



Banana  
Mango  
Olive  
Orange  
Papaya  
Pear

Avocado  
Cherry  
Date  
Peach  
Plum

Cantaloupe  
Grape  
Honeydew melon  
Strawberry  
Watermelon

### Dairy / Miscellaneous



American cheese  
Cheddar cheese  
Whey  
Yogurt

Cocoa  
Coffee

Goat's milk  
Roibos tea

### Nuts / Seeds / Oils



Cashew  
Olive  
Pistachio  
Soybean

Almond  
Corn  
Hazelnut  
Sesame

Pecan  
Sunflower seed  
Walnut

### Flavor Enhancers



Carob  
Cayenne pepper  
Coriander seed  
Dill  
Lemon  
Paprika  
Parsley  
Vanilla

Black pepper  
Cane sugar  
Cinnamon  
Coconut  
Ginger  
Mustard seed  
Sesame  
Turmeric

Honey  
Leek  
Maple  
Mint  
Nutmeg  
Oregano  
Rosemary  
Scallions

# LEAP ImmunoCalm Diet Program - Food Reintroduction Schedule

*Patient name:*

*Physician:*

*Identifier:*

*Test date:*

**Sample Patient**

**Dr. Jack Pasula**

**SAMPLE**

**04/03/2018**

**Phase 1**

*DAYS 1 - 7*

**Phase 2**

*DAYS 8 - 12*

**Phase 3**

*DAYS 13 - 17*

**Phase 4**

*DAYS 18 - 22*

**Phase 5**

*DAYS 23 - 27*

## Proteins

0.3 Lentil	0.6 Tuna	1.5 Salmon	1.6 Mung bean	1.8 Egg white
0.4 Scallop	1.0 Navy bean	1.5 Halibut	1.7 Clam	1.8 Garbanzo bean
0.4 Sole	1.1 Shrimp	1.5 Chicken	1.7 Egg yolk	1.8 Pork
0.5 Beef	1.3 Turkey	1.6 Rainbow trout	1.7 Red kidney bean	1.9 Crab
0.5 Lamb	1.4 Venison	1.6 Soybean	1.7 Tilapia	

## Starches / Grains

0.2 Sweet potato	0.5 Spelt	1.0 Millet	1.2 Tapioca
0.2 Buckwheat	0.9 Oat	1.1 Quinoa	1.2 Wheat
0.3 Kamut	0.9 Corn	1.1 Rice	1.6 Amaranth (grain)

## Vegetables

0.1 Green bean	0.5 Cucumber	0.9 Asparagus	1.2 Green pea	1.8 Tomato
0.4 Cabbage	0.6 Zucchini	0.9 Cauliflower	1.5 Butternut squash	1.8 Green pepper
0.4 Chard	0.6 Beet	1.1 Brussels sprouts	1.5 Celery	
0.4 Lettuce	0.7 Onion	1.1 Pumpkin	1.6 Carrot	
0.5 Broccoli	0.9 Corn	1.2 Bok choy	1.7 Kale	

## Fruits

0.1 Grape	0.4 Plum	0.6 Watermelon	1.6 Mango
0.3 Avocado	0.4 Strawberry	0.8 Banana	1.9 Papaya
0.3 Orange	0.5 Cherry	1.2 Date	1.9 Cantaloupe
0.2 Olive	0.5 Pear	1.3 Peach	1.9 Honeydew melon

## Dairy / Miscellaneous

0.1 Whey	0.5 Cheddar cheese	1.1 Yogurt	1.6 Rooibos tea
0.4 Cocoa	1.0 American cheese	1.4 Goat's milk	1.8 Coffee

## Nuts / Seeds / Oils

0.4 Almond	1.1 Hazelnut	1.7 Pistachio	1.9 Cashew
0.5 Sunflower seed	1.1 Pecan	1.8 Walnut	1.7 Sesame
0.2 Olive	0.9 Corn	1.6 Soybean	

## Flavor Enhancers

0.1 Maple	0.4 Cinnamon	0.6 Dill	1.0 Lemon	1.7 Mustard seed
0.1 Ginger	0.5 Coconut	0.6 Scallions	1.1 Oregano	1.8 Cardamom
0.2 Leek	0.5 Honey	0.6 Paprika	1.2 Rosemary	1.9 Lime
0.2 Black pepper	0.5 Coriander seed	0.6 Cayenne pepper	1.5 Nutmeg	
0.2 Carob	0.5 Cane sugar	0.7 Turmeric	1.7 Basil	
0.3 Vanilla	0.6 Mint	0.8 Parsley	1.7 Sesame	

# LEAP ImmunoCalm Diet Program, Phase 6 - 3 Day Rotation Diet

*Patient name:*  
**Sample Patient**

*Physician:*  
**Dr. Jack Pasula**

*Identifier:*  
**SAMPLE**

*Test date:*  
**04/03/2018**

## Day 1

## Day 2

## Day 3

### Proteins

1.8 Garbanzo bean  
1.5 Halibut  
0.3 Lentil  
1.6 Mung bean  
1.0 Navy bean  
1.7 Red kidney bean  
1.6 Soybean  
1.3 Turkey

1.5 Chicken  
1.8 Egg white  
1.7 Egg yolk  
1.6 Rainbow trout  
1.5 Salmon  
0.4 Sole  
1.7 Tilapia  
1.4 Venison

0.5 Beef  
1.7 Clam  
1.9 Crab  
0.5 Lamb  
1.8 Pork  
0.4 Scallop  
1.1 Shrimp  
0.6 Tuna

### Starches / Grains

0.3 Kamut  
1.1 Quinoa  
0.5 Spelt  
1.2 Wheat

1.6 Amaranth (grain)  
0.9 Corn  
1.0 Millet  
1.1 Rice

0.2 Buckwheat  
0.9 Oat  
0.2 Sweet potato  
1.2 Tapioca

### Vegetables

0.6 Beet  
1.6 Carrot  
1.5 Celery  
0.4 Chard  
0.1 Green bean  
1.2 Green pea  
1.8 Green pepper  
1.8 Tomato

1.2 Bok choy  
0.5 Broccoli  
1.1 Brussels sprouts  
0.4 Cabbage  
0.9 Cauliflower  
0.9 Corn  
1.7 Kale

0.9 Asparagus  
1.5 Butternut squash  
0.5 Cucumber  
0.4 Lettuce  
0.7 Onion  
1.1 Pumpkin  
0.6 Zucchini

### Fruits

0.8 Banana  
1.6 Mango  
0.2 Olive  
0.3 Orange  
1.9 Papaya  
0.5 Pear

0.3 Avocado  
0.5 Cherry  
1.2 Date  
1.3 Peach  
0.4 Plum

1.9 Cantaloupe  
0.1 Grape  
1.9 Honeydew melon  
0.4 Strawberry  
0.6 Watermelon

### Dairy / Miscellaneous

1.0 American cheese  
0.5 Cheddar cheese  
0.1 Whey  
1.1 Yogurt

0.4 Cocoa  
1.8 Coffee

1.4 Goat's milk  
1.6 Rooibos tea

### Nuts / Seeds / Oils

1.9 Cashew  
0.2 Olive  
1.7 Pistachio  
1.6 Soybean

0.4 Almond  
0.9 Corn  
1.1 Hazelnut  
1.7 Sesame

1.1 Pecan  
0.5 Sunflower seed  
1.8 Walnut

### Flavor Enhancers

0.2 Carob  
0.6 Cayenne pepper  
0.5 Coriander seed  
0.6 Dill  
1.0 Lemon  
0.6 Paprika  
0.8 Parsley  
0.3 Vanilla

0.2 Black pepper  
0.5 Cane sugar  
0.4 Cinnamon  
0.5 Coconut  
0.1 Ginger  
1.7 Mustard seed  
1.7 Sesame  
0.7 Turmeric

0.5 Honey  
0.2 Leek  
0.1 Maple  
0.6 Mint  
1.5 Nutmeg  
1.1 Oregano  
1.2 Rosemary  
0.6 Scallions

# SAMPLE

PATIENT:  
Sample Patient  
PHYSICIAN:  
Dr. Jack Pasula  
TEST PROFILE:  
MRT 170  
TEST DATE:  
04/03/2018



APPLE	GRAPEFRUIT
APRICOT	HOPS
BARLEY	MUSHROOM
BLUEBERRY	SPINACH
CATFISH	TEA
CUMIN	POTATO
GARLIC	
CODFISH	FLAXSEED
COT. CHEESE	LIMA BEAN
COW'S MILK	PEANUT
CRANBERRY	PINEAPPLE
EGGPLANT	PINTO BEAN
BLUE #1	RASPBERRY
BLUE #2	RYE